

S³ News Buzz

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Undercover Teen Commission



Our police officers serve as officials in our community to protect and to keep all of us safe. A lot of times we do not see this because we never get to put ourselves in their shoes but there is a group of teens that have had a little taste of what it is really like to be a police officer. They go by the name Junior Commissioners and some of them are learners from our very own school, Sarepta Secondary.

During the holidays, the junior commissioners got the opportunity to job shadow and understand what it takes to be a police officer. Many a times we are quick to point a finger at the police but they are really working hard in the community. Colby and Jade, Grade 11, learners say they wish everyone could see and experience what they have experienced through this opportunity maybe then they will value and appreciate the numerous services the police officers offer. Besides catching the bad guys, they have so much paperwork to do and tons of dockets to fill.

These junior commissioners have projects that they run throughout the whole year. They do community work and school awareness. By teaming up and facing the negative things in the community they are able to make more positive progress.

If you are interested, you can contact the Kuils River Police Station and enquire how you can be part of the junior commissioners.

Joel Kalenga & Jemima Nzita

A Message From The Principal

DEAR PARENT/GUARDIANS

I write this letter with great appreciation. I am thankful for all the hard work, determination, and resilience our students and staff have shown this year despite all the unprecedented challenges we have faced.

I am extremely proud of our learners. Congratulations to all who are progressed and promoted to the next grade. You have made us proud. To the learners who did not make it, all is not lost. Come back next year with resilience and a new approach and claim your measure of success.

Also, a big thank to the SGB for their continued and unrelenting support. We have faced many challenges during this year, and we have all worked tirelessly together to ensure that we could continue to provide the highest level of educational as well as personal support for all our students and their families.

Many of our athletes were on top of their game, and they made us proud. We hope that they will encourage other learners to take part in sports and other cultural events offered at the school.

A word of thanks to all parents who honoured their financial commitment to the school. The school fees statement is included in this communique, and I urge parents to pay outstanding school fees or make arrangements to pay the outstanding fees. School fees for 2023 remain the same as for 2022: R2400 for the first child, R2200 for the 2nd child and R2000 for the 3rd and 4th child.

I am appreciative of the fact that most of our learners are responsible, and they returned all their textbooks. However, there are still textbooks outstanding. Please encourage your child, as a matter of urgency, to return all textbooks to the school. The replacement cost of a textbook amounts to more than R250 per book and as parents, you will be liable to replace the lost book. Please take note that textbooks will only be issued to learners who have returned all their textbooks in 2022.

The Stationery list for 2023 is also included. Kindly make sure that your child has the necessary stationery and notebooks required for 2023 on the first day of school. Please make this a priority as it hampers your child's learning.

Our grade 12 class of 2022 has been such positive ambassadors for our school, and I wish them all the best in their future endeavours. Don't be afraid to go after your dream. Class of 2022-remember that you are worth more than 100%. Success is within your reach. Be positive and believe in yourself and your ability. With hard work and effort, you can achieve anything you put your mind to. In my mind you are winners already.

Please note that the school re-opens for Grade 9-12 learners on Wednesday, 18 January 2023. Learners must be dressed in their full school uniform and must bring their stationery and notebooks with when they report to school. All Grade 8 learners must report to the school at 08h00, dressed in full school uniform on Tuesday, 17 January 2022. Grade 8's will be dismissed at 13h00.

On behalf of the SGB and the parents, I would like to thank our educators and non-teaching staff members for their unwavering support. You certainly have a positive influence on our learners. Please enjoy your well-deserved break.

I would like to wish our school community a happy and blessed festive season and a prosperous New Year.

God Bless and Merry Christmas,

Ms. Y Basson

Principal

Trends



Most people believe that relationships are needed in life and I'm one of them. When I say "relationships" I wouldn't necessarily mean a romantic one, but right now, I would be discussing friendships. Friendships are the best type of relationships to have in your life because every single one of us need somebody who truly understands us. You should know whether or not the friendship is benefitting you because the amount of effort between you and that friend should always be 50/50. I would not recommend that you give or expect anything more or less! If you feel as if you don't belong in a specific friend group, try to find another. Before you do, you should learn to be on your own and be comfortable with yourself, try figuring out what your interests are, then you can go ahead and see where you fit in. Most importantly remember to always yourself .

Amber Steyn

Faculty and Staff leaving Sarepta Secondary



Mrs. C. Jonker

It is indeed a sad day for Sarepta and it is with mixed emotions that we have to say goodbye to Mrs. Carin Jonker who is retiring at the end of this year.

Mrs. Jonker is well respected by the staff, parents and learners. We bid farewell to a humble and caring soul. Mrs. Jonker has been at the school since forever and a day. She has been a pillar of strength to this office - and I am sure that Mr. D. Williams can attest to that. Mrs. Jonker is a person that I could depend on and trust. She brought so much laughter and love to this office and the learners absolutely adore her.

On behalf of the school community, past and present, I would like to thank Mrs. Jonker for her time at Sarepta Secondary School and we wish her well in all her adventures.

Mnr. J. Jansen

Die grootste teddybear met die mooiste hart. Hy is 'n eerlike, opregte, hardwerkende man met die grootste liefde vir Wiskunde en sy leerders. Hy gaan uit sy pad uit om vir ander te help en doen altyd wat hy kan. Hy is ongelooflik lief vir sy leerders en alhoewel hy hulle dikwels uitskel, weet hulle hy is lief vir hulle. Hy het die rol van 'n vader aangeneem in honderde leerders se lewens. Elke leerder wat onder die vlerk van mnr. Jansen kom, loop weg met wysheid en 'n nuwe uitkyk op die lewe. Elke leerder, onderwyser, vriend of familie wat hom ken sal dieselfde ding sê: "Hy is 'n yster van 'n man! ".

Die waardering vir hom kan nie eers in woorde beskryf word nie. Hy speel 'n groot rol in ons lewens en los 'n groot leemte by Sarepta.

Vandag vier ons vir Mnr. Jansen, 'n legende!





Mr Klassen

You taught us what we wanted to learn besides what we needed to learn. You were always energetic and the learning environment that you have created for us was always positive and comforting. Thank you for making our education journey memorable.

Jo –Ann Boss, Gr 11 C

Wie nie leer nie sal nie presteer!

High school necessary for success!

At Sarepta Secondary School there has been a total of 50 dropouts, this year. Dropouts can be defined as any person who stops going to school before finishing the course of instruction. Learners that leave school continue to be a concern for everyone because today's global economy has made high school completion necessary for many forms of success in adulthood.



According to the Principal, Mrs Basson, it is much less than in past years. There are a lot of consequences to dropping out of school which results in teenagers engaging in high- risk behaviour such as premature sexual activity, early pregnancy, crime, violence, alcohol and drug abuse. There are various reasons as to why learners dropout of school, one being that they may have made wrong choices or because of personal circumstances or they have relocated to other provinces.

The Principal, investigated the reasons to find out why learners dropout. According to Mrs Basson wrong choices, personal circumstances and sometimes pressure of school gets to learners. We cannot tell when a learner will stay out of school but what we can do is be as empathetic as possible and encourage your fellow classmates to stay in school.

Mrs Basson continues to express her concerns and says that she fears for her learners choices outside of school and the unsafe environment they are stuck in. She hopes no to see a rise in the number of dropouts. Despite knowing what is going on in the community we have to encourage our learners and let them know the opportunities they have after finishing grade 12.

Mrs. Basson, says that most parents are concerned and disappointed but sometimes they don't have a choice and have to make hard decisions, but it is known that every parent wants to see their child make it to grade 12 and use this platform to work towards their dreams and goals.

Rapafadzo Mudadasi & Chloe Gebreselassie

TB uitbreking by Sarepta Sekondêre Skool

Na 'n Tuberkulosis (Tb) uitbraak by Sarepta Hoërskool, was leerders redelik vreesbevange maar streng maatreëls was toegepas. Na bewering is 'n matrikulant gediagnoseer met Tb, tydens die uitbreek. Daar was 'n onderhoud gevoer met die leerder wie verkies om anoniem te bly.

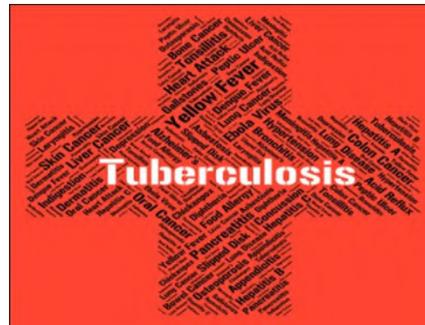
“ Ek het ligte hoofpyne gehad, maar nie in die oomblik gedink dat dit ernstig was nie. Ek het my ma ingelig. Ons het kliniek toe gegaan en net vir veiligheid vir my gaan toets. Ek het aanhoudend begin hoës. My asemhaling het ook verander. Nadat ek gediagnoseer is met Tb het ek probeer positief bly. Die dokter het my ingelig dat ek die normale TB het. Ek moes 4 pille per dag drink, en vir die volgende 6 maande elke 2de week moes ek by die kliniek wees.” Het die leerder gesê.

Wat veroorsaak TB?

Tuberkulose is 'n bakteriële wat in die lug- vrygestel word en kan tot jou dood lei. Dit kan oorgedra word in die vorm van speeksel of bloed. Dit is belangrik om te weet dat 'n persoon wat aan Tb- bakterieë blootgestel word, nie die bakterieë direk na ander mense kan versprei nie. Slegs persone met aktiewe Tb- siekte kan Tb- bakterieë na ander versprei.

'n Mens kry twee (2) verskillende Tipes Tb.

-Latent Tb: Jy het 'n TB- infeksie, maar die bakterieë in jou liggaam is onaktief en veroorsaak geen simptome nie. Latent Tb . ook genome onaktiewe Tb of Tb infeksie, is nie aansteeklik nie. Latent Tb kan in aktiewe Tb verander, dus behandeling is belangrik.



-Aktiewe Tb: Ook genome Tb- siekte, hierdie toestand maak jou siek en kan in die meeste gevalle na ander versprei. Dit kan weke of jare na infeksie met die Tb- bakterieë voorkom.

Simptome van Tb:

Aanhoudende hoës, Pyn in die bors, Gehoesery met bloed ,skielike gewigsverlies, Koors en Sweet in die aand.

Indien jy gediagnoseer word met Tb, bly positief, dink positief en kontak jou naaste kliniek.

Shannique Jacobs & Desroline Fortuin

Mole snake burrowing the grounds of SSS

In recent events, a snake was found slithering around the molehills. A learner picked it up and put it in their bag and brought into the second quad area. This led to a huge commotion. Learners were found hysterically screaming and shouting . After a swift investigation it was found to be a mole snake.

Around this time every year you can find many reptiles exposing itself to the outside world more so than they would any other time of the year.

While the learners were gathering curiously around the snake, a grade 8 learner was bitten by it. The learner was fortunate that mole snakes are not poisonous. Most snakes we may know of are the Cape Cobra, Puff Adder, Black spitting cobra and the Black Mamba which is the one of the most dangerous snakes that you need to look out for. They appear where there is a lot of grass and trees.

There are a few things to remember if you find yourself in close contact with a snake. Contact your nearest CapeNature regional office or contact the Tygerberg Hospital Poison Hotline at 021 913 2010 for advice on what to do in the case of a snake bite.



Hayden Ross, Cameron Appolis & Ewan Gillion



Matric Dance 2022

Matric Ball 2022

Good evening to all present here tonight.

Honourable principal, respected teachers and my fellow students. I am Ashante' Booyesen. I am standing before you to express my views based on our school. I am feeling very lucky and honoured to have this opportunity of making a speech on this special day.

This academic year is about to come to an end. We all might say that we don't like school or we want to get out as soon as we can, but when it all really comes to an end we know we will really miss it, and I bet that this matric class of 2022 understands this perfectly, since it's really the end of our school year.

I would like to take this opportunity to sincerely thank the class of 2022 on behalf of the entire staff. This group of the matric class will never be forgotten. We have really been ideal seniors, if I have to say so myself. Thank you to all our class teachers as well as subject teachers for helping us when we were wrong and for patting our backs for our achievements. You all weren't just a great staff, but also amazing mentors. You have guided and lead us to the right path. You have helped us a lot and played an important role in our lives.

With the upcoming final examination, I would like to wish you all the very best. I want to urge you to plan your studies, make it as accurate as possible. Exams are the way to test our knowledge, it can however reveal to some extent the amount of industry, application and perseverance that we have undertaken. I know it's not going to be easy, but the end results lie in ourselves, because what we are going to put in, is what we are going to get out!

Our matric class is a very important stage of our lives. This is where a new life begins for us. It gives great sorrow to do this, but we have to bid our goodbyes as we step into this new phase of our lives. I hope that GOD will keep us under his protection and bless us with a great future.

I want to salute you all for being the matric class of 2022 and good luck!

CHEERS!

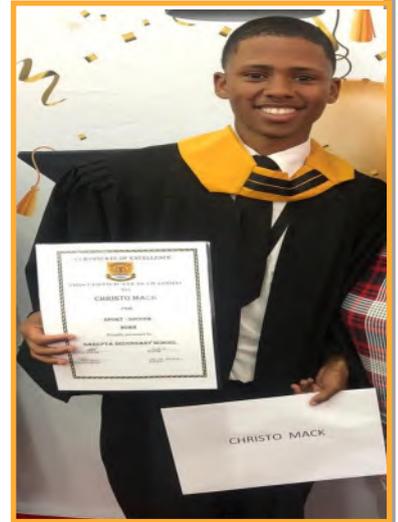
Ashanté Booyesen

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VALEDICTORY 2022





Poems & Songs

Our Youth

From the shouts of freedom, here we are now
Skipping through the world, creating our own
sound

Moving to our own rhythm, creating our own beat
Refusing to be oppressed, refusing to accept de-
feat

We are our own key to success

The world is in our hands

Our feet guide us along the way, through the hurt,
laughter and pain

We will dance

We have tasted the tears of happiness and we
have heard the cries of pain

The weight of the world on our shoulders,
Screaming, crying, pleading if it is all in vain

Our heads will rise above the agony, our undying
spirit will continue to glide

The time has come for us to take over

The little, timid child no longer hides

The journey shall continue, this life may contain
barriers,

But we have the keys to our own destiny because

WE ARE THE YOUTH!

WE ARE THE FUTURE!



By Faith Adewumi

Unstoppable

Are you trapped
Stuck between four walls
Pressure is on you
And everyone telling you
You are useless, you are a failure
Oh, are you just down

Well, kick the doors open
Keep on hoping and believing
You are stronger than you think you are
You are a fighter
You are a warrior
You are unstoppable

No matter what happens
What ever life brings your way
Rocks, stones, the pain and cold
Just remember

You are unstoppable
You break all the stones
Conquer the pain
The cold does not bother you in anyway

Break down the walls
You are enough
Look them in the eyes
Face to face with a smile on your face
You are unstoppable

YOU ARE UNSTOPPABLE!

By Shehendra Absalon



SUPER FRESH AND EASY SUMMMER RECIPES

Peach Berry Fruit Salad

INGREDIENTS

- 2 Peaches or Nectarines, sliced or diced
- 2 cups strawberries, halved or sliced
- 1 cup blackberries
- 1 cup blueberries
- 2 Tbsp. fresh mint, finely sliced or minced
- 2 Tbsp. fresh lime juice (about 1 lime)
- 1 tsp. honey

INSTRUCTIONS

- Add peaches, strawberries, blackberries, and blueberries to a large bowl.
- Sprinkle with mint.
- In a small bowl, whisk together lime juice and honey/agave until smooth and dissolved.
- Pour dressing over the fruit salad.
- Gently stir & enjoy!



Strawberry limeade

INGREDIENTS

- 1-1/2 cups quartered fresh strawberries
- 1 cup fresh lime juice
- 5 cups of cold water
- ¾ to 1 cup granulated sugar
- Ice cubes
- Lime slices-for serving if desired

INSTRUCTIONS

- Blend strawberries and lime juice in blender or food processor until smooth.
- Pour strawberry and lime mixture into a large pitcher. Add cold water and sugar. Stir until sugar dissolves.
- Add in ice cubes and pour into individual glasses. Garnish with lime



6 best free things to do in Cape Town

1. **DISCOVER HIPPOS AT A NATURE RESERVE**—Rondevlei Nature Reserve in Grassy Park is home to Cape Town's only hippo population (R12 for Adults/ R6 for kids)
2. **TAKE THE KIDS TO A VINTAGE HAVEN**—You can see farm animals, like goats and chickens, roaming the grounds.
3. **PLAY AND LEARN IN A GREEN URBAN PARK** - Green Point Urban Park has an expansive play area, including jungle gyms, water features
4. **VISIT THE AQUARIUM FOR FREE ON YOUR BIRTHDAY**- Free visit to the Two Oceans Aquarium in the week of your birthday
5. **BEAT THE HEAT IN AN EASY-TO-REACH PUBLIC POOL**- From R2 for children and R6 for adult
6. **THE SEA IS A FREE-FOR-ALL** - The Western Cape has kilometers of coastline and beaches to discover.



Birthday Announcements

Dear Sarepta Staff we wish you a very Happy Birthday!

Staff Members	Date	Staff Members	Date
M. Louw	7 October	T. Branders	9 November
S. Moodie	23 October	M. Abrahams	12 December
L. Buckton	4 November	M. Februarie	17 December

Announcements



Extramural activities form an important part of any child's development. We encourage all learners to participate in the activities that we offer each term. Learners who are interested in sports, drama, choir, debate, public speaking, recycling, environment (gardening), chess and many more must sign up next year.



Announcements will be posted , so watch this space!



Important Dates to remember for Term 1 (2023)

	Event	Date
1	School Closes	14 December 2022
2	School opens (Educators)	16 January 2023
3	Grade 8 Orientation	17 January 2023
4	School Opens (Gr8 -12)	18 January 2023
5	Release of 2022 NCS Results	20 January 2023

HAPPY HOLIDAYS

We would like to wish you and your family a very happy holiday. Enjoy your much-deserved vacation. We know this year had its ups and downs so take it easy over the holidays However, don't forget to read as often as possible.

We also want to thank you and your family for all of your help, support, and donations. Without you, the school year thus far would not have been a success.

Enjoy the holidays, and we will see you next year.

Happy Holidays dear Students!



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